

# Negar Soufi

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I am a filmmaker and editor with a strong interest in both creative practice and film theory. I have taught as a TA and also designed and led my own course with a full syllabus. Alongside making films, I am deeply committed to teaching and to helping others explore their creativity. I am eager to teach a wide range of courses, from editing and filmmaking to photography and animation.

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## Education

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❖ **Bachelor of Cinema (Concentration in Editing)**

- Soore University, Tehran, Iran
- September 2018 – February 2022

❖ **Master of Film and media production**

- The University of Iowa, USA
- August 2023 \_ on going.

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## Courses Taught

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- **Introduction to filmmaking class**
  - Teaching Assistant
  - Independently taught 4 semester hour classes, covering practical skills such as camera operation, lighting, and Students work critique.
- **Image Design (cinematography) class**
  - Teaching Assistant
  - upper level/graduate course
  - Assisted students in class with camera and equipment use and office hours
- **The art of smartphone filmmaking class**
  - Instructor of record
  - Designed original syllabus and taught core skills including mobile cinematography, sound recording, basic editing with Adobe Premiere, and basic social media content creation

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## Teaching Competencies

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-Film Production (Introductory Filmmaking, Production development, Cinematography all Introductory and Upper level)

-Editing (Introductory and Upper level)

- Film History and Criticism (Introductory level)

-Screenwriting (Introductory level)

-Animation (Introductory level)

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## Honors & awards

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- Ranked 99 among 62625 participants in the national entrance exam for Iranian universities, Iran.
- Ranked as the 2nd top student among 2018 cinema entrances.
- Awarded 2024 MFA Summer fellowship of the university of Iowa film and Media production (2024)
- Awarded 2025 GPSG Research grant (2025)
- *Finalist* film on Star City Film & Theater Festival with the movie *Melancholia* (2025)
- *Special Honor* award from Vienna International Film Festival with the movie *Melancholia* (2025)
- *Best Experimental Film* from *Stockholm City Film Festival* with the film *Self-Portrait (Mirroring)* 2025
- *Best Super Short Film & Best Experimental Film Award* from *LULEA International Film Festival* with the film *Self-Portrait (Mirroring)* 2025

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## Membership in art associations

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- Member of the organizing team of the 13th Sayeh Short Film Festival, Tehran, Iran
- Member of the Scientific Association of Soore University, Tehran, Iran, September 2021 semester
- Serving as the graduate student representative and attending all faculty meetings, Iowa city, USA
- Member of the judging panel for the 2025 Bijou Open Screen Film Festival, Iowa City, Iowa

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## Art Work

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► Short film called “Flying with the Sun”

Position: director, editor, and writer

Aug 2019

► Puppet theater movie called “It's Toasted”

Position: editor

Jul 2020

► Short film called “Lantern”

Position: editor

Feb 2022

► Short film called “Hard to Tell”

Position: director /editor

May 2022

► Short film called “Cerebral”

Position: editor

Apr 2022

► Short film called “The other”

Position: editor

Aug 2022

► Short experimental film called "Portrait of the Poet" (Dec 2023)

Position: Director, Editor, Cinematographer, Sound designer

► Super Short experimental film called "Melancholia”

Position: Director, Editor, Photographer, animator, Sound designer (Apr 2024)

► Short experimental film called "Self-Portrait”

Position: Director, Editor, Cinematographer, animator (Apr 2024)

► Short film called “Little Prince”

Position: Director, Editor, Writer (Dec 2024)

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## Other Work Experience

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●Position: **freelancer editor**

Description: editing short films and promotional teasers

Year: May 2018-present

●Position: **Assistant editor to Meysam Molaei**

Location: Fam Studio, Tehran, Iran

Description: sync audio and video, sort videos, dialog cut and relative tasks

Year: Mar 2021 – May 2022

●Position: **Content Creator**

Location: Tamasha Publishing, Tehran, Iran

Description: content production for their entire Instagram and YouTube

Year: Aug 2020 – Feb 2023

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## Skills

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### Editing & post-production

- Adobe Premiere Pro (Advanced)
- DaVinci Resolve (Intermediate)
- Adobe Lightroom (Advanced)
- Adobe Audition (Intermediate)
- Adobe After Effects (Basic)

### Additional

- Microsoft Office (Advanced)
- Animation (Basic)

### Cinematography & Production

- Camera Operation – Blackmagic, Canon, Sony, Bolex
- Lighting Design
- Filmmaking Fundamentals
- Photography (analog and digital)
- Teamwork & Adaptability

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## References

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●**Anahita Ghazvinizadeh**

Position: Director, Assistant Professor at SAIC

Email: [aghazv@saic.edu](mailto:aghazv@saic.edu)

●**Dean Bakopoulos**

Position: Writer, Assistant Professor and Head of Screenwriting at UIowa

Email: [constantine-bakopoulos@uiowa.edu](mailto:constantine-bakopoulos@uiowa.edu)

●**Laura Gede**

Position: Assistant Professor of Instruction and Head of Film and Video Production

Email: [laura-gede@uiowa.edu](mailto:laura-gede@uiowa.edu)